Beyond the Dressing for PICCs -Strategy for Cost-Savings and Work Efficiency

Jocelyn Hill MN, RN, OCN, CVAA(c), VA-BC™



Disclosure

- Product discussion with no support or influence from Interrad Medical/Securacath.
- Employed by Providence Health Care, St. Paul's Hospital Vancouver,
 BC Canada
 - Nurse Educator for IV Therapy, Vascular Access and Home Infusion Programs
- President The Canadian Vascular Association for Vascular Access (CVAA)
- Co-Chair The DTeam for the Scientific Meeting for Association for Vascular Access (AVA)
- Board of Directors Vascular Access Certification Corporation (VACC)
- Consultant & Speaker Bureau for:
 - Carefusion, Angiodynamics, Hoffman La-Roche



Objectives

- Describe the experience of a 600-bed hospital challenged with PICC malpositions.
- Discuss challenges with PICC securement.
- Discuss the evaluation process for a securement device.
- Describe the outcomes of the evaluation and goals for future use of a new securement device.



Background

- PICC Team bedside insertions
- ~1200 PICC insertions / year
- Care and maintenance (dressing changes)
 performed by general unit staff, not IV Team
 staff
- PICC dressing: Use of adhesive securement device plus transparent adhesive dressing.



• PICC with adhesive securement, transparent dressing.







Problems

- Malposition occurs after the dressing is removed during the dressing change procedure.
- Dressing change procedure "taking too long" = staff anxious, afraid to do dressing change.
 - Time for procedure: ~40-45 minutes
- "What's a cm here and there?"
- "Oops"



PICC with dressing off, for cleaning







Beyond the Dressing

With adhesive securement and dressing only:

- Issues:
 - Pistoning = mechanical phlebitis
- Malposition rate: 15-20%
 - During dressing change procedure: 88%
 - Accidental pull (attached to pump, wheelchair, etc.): 12%



Impact

- ~ 200 PICCs affected:
- Cost implication
- Resource drain
- Workload inefficiencies
- Unnecessary procedures unscheduled dressing changes; malposition – confirmation by CXR, removable and replacement due to malposition



Hard Costs

Issue	Estimated \$\$\$ (Cdn)
Unscheduled dressing changesestimates for dressing suppliesestimates for time for clinician	\$75 Total time = 1 hour
Repeat CXR	\$150
Exchange of malpositioned PICCestimates for suppliesestimates for time for clinician	\$275 Total time = 2 hours
Removal and replacement of malpositioned PICC • estimates for supplies • estimates for time for clinician	\$275 Total time = 2 hours



Soft Costs

- Workload inefficiencies
- Patient satisfaction
 - Increased length of stay
- Delay in treatment
- Suboptimal outcomes, therapeutic levels not achieved

Essentially can become "hard cost" issues



Contributing Factors

- Untrained staff (~2000 nurses)
 - Lack of confidence
 - "The last time I did a PICC dressing was 2 months ago"
- Unstable patients; combative, restless
- Limited space in rooms for aseptic dressing change procedure



Contributing Factors

- Cleaning PICC site:
 - Manipulation of PICC catheter at site when using swab pads or swab sticks for cleaning skin (gentle friction)
 - Allowing to dry adequately: risk for malposition during wait time



Options

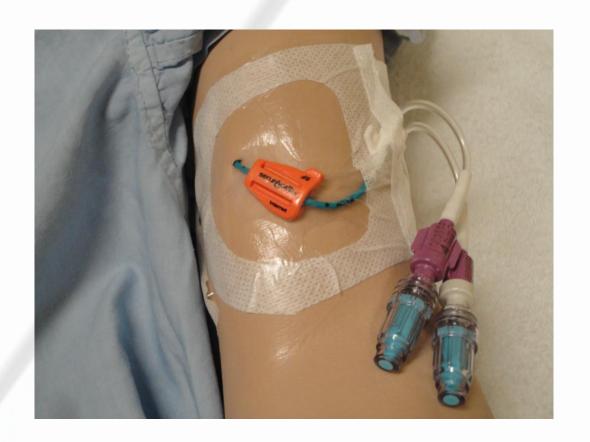
- Sutures?
 - Not since 1995
- Steristrips?
 - Not since 2001
- Adhesive dressing new stronger adhesives work with dressing on skin (change weekly)
- Anchoring device no change required for life of PICC



Thinking "Outside the Box"

- Staff feedback not comfortable with "just dressing" (even if claim with securement)
- Anchoring device "novel"
 - Easy to educate for dressing change procedure
 - Easy for staff to learn; no risk of PICC dislodgement at all
 - Patients surveyed: specific patient population (cystic fibrosis)







Challenges

- Focused education for PICC Team for proper insertion of anchoring device with PICC insertion
- Education for general unit staff to not remove device.
- Patients for discharge or transfer out of hospital – other hospitals, communities not aware or using device.



Success

Total 60 devices used for pilot evaluation

- 0 malpositions with device use
- 2 accidental removal (delirious patients)
 - **No skin tearing, damage
- Increased staff satisfaction
 - Increased confidence with dressing change
 - Decreased anxiety, fear with dressing change
 - Increased efficiencies, workload management









Unexpected Outcome

- Patients with skin integrity issues
 - Adhesive component of dressing
 - Cleaning solution: "allow to dry completely"
 - Malposition risk
- Anchoring device use successful without adhesive dressing allowing skin to heal
 - No clear transparent dressing
 - Securement provided



Moving Forward

- Clinicians on general units demanding device on PICCs
- Cost implication ongoing work on business plan to implement throughout hospitals (~1200 PICCs / year)
- Using device on more patients:
 - High-risk for malposition (delirium, alcohol withdrawal, drug use
 - Other: on request by patient, clinical team

Summary

- Challenges with PICC securement
- Moving away from adhesive securement device
- Goal to maintain skin integrity



Conclusion

Use of new securement device not only made additional PICC insertions possible, but surveys of staff revealed that PICC dressing change procedures became:

- less stressful (for staff and patient)
- less time-consuming
- generally easier to do.



Conclusion

- Change equated to:
 - increased work efficiencies
 - overall satisfaction with the product clinician and patients (Yes we surveyed patients for pain, comfort and overall satisfaction)

Full implementation of this new securement device is in progress.



Thank you

Jocelyn Grecia Hill jocelyngrecia@hotmail.com

